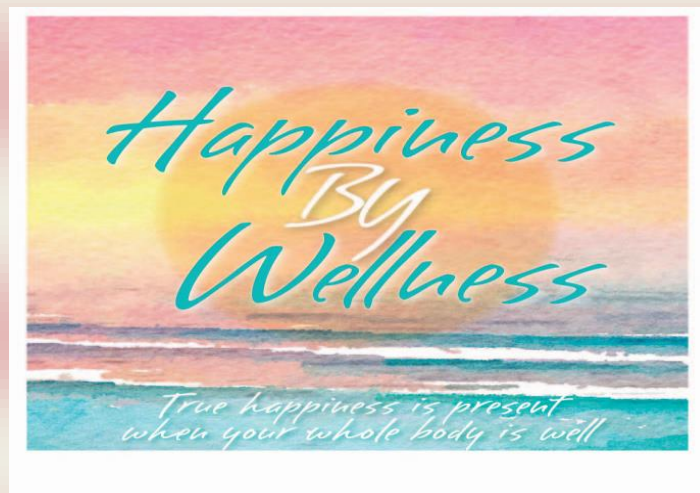




Bamanpukur Humayun Kabir
Mahavidyalaya, Bamanpukur
Email- bhkm2007@gmail.com

Website - www.bhkm.org

PRESENTS PROGRAMME ON



"SEMINAR ON HAPPINESS AND WELL-BEING"

DATE: 27.01.2020

TIME: 1 P.M AM TO 3 PM

Organized by

Department of education

For Correspondence:

Convenor Prof Sumita Chatterjee 9830711801

Email sumichatu@gmail.com

“SEMINAR ON HAPPINESS AND WELL- BEING”

Date :27.01.2020

Venue : Seminar hall

Programme Schedule

Inaugural Session

1pm- 1.15 pm.- Inviting the dignitaries on the Dias.

1.15 p.m.to 1.30.- Felicitation to the dignitaries and Lighting of the lamp.

1.30-1.40.pm -Welcome song

1.40-2 pm introduction of the theme. by Principal Dr Subhas Biswas

Technical Session

2 p.m to 3 p.m

Speakers

Mr Ujjawal Debnath (ICTC Counsellor)-

Health Awareness for happiness

Sadhikhans Dearth Rural Hospital Jalangi, Murshidabad

Mr Jubbar Mondal (Senior Yoga Teacher)

Yoga --- Happiness and Well being

Zenfit fitness and Yoga Centre, Vietnam

Vote of Thanks -Sumita Chatterjee (HOD) Dept of Education