

**BAMANPUKUR HUMAYUN KABIR MAHAVIDYALAYA**  
**ACADEMIC CALENDAR FOR PHILOSOPHY GENERAL, SEMESTER V, 2021**  
**COURSE TITLE: THE PHILOSOPHY OF SELF –DEVELOPMENT**  
**PAPER CODE: PHIGGEC01T, SEMESTER V**  
**TOTAL CREDIT: 6 MARKS: 75**  
**TEACHER IN CHARGE: PARAMITA MONDAL**  
**W.E.F.-16.09.2021**

**Unit-wise distribution of Lectures**

UNITS	LECTURE HOUR	DURATION
i. Buddhism- Caturāryasatya, causality, dvādaśa nidāna [bhava chakra] aṣṭāṅgika Mārga.	25	
ii) Yoga: -Citta, Cittabhūmi, Cittavṛtti, Cittavṛtti nirodha, Aṣṭāṅgayoga.	20	
iii) Vivekananda-Karmayoga.	15	
iv) Gandhi- Non-violence, Truth.	15	

*Selected Readings:*

1. C.D. Sharma, *A Critical Survey of Indian Philosophy* .
2. B.K. Lal, *Contemporary Indian Thinkers* .
3. Swami Vivekananda, *Practical Vedanta*.
4. B.R. Ambedkar, *Gandhi and Gandhism*.
5. Satyabrata Chakraborty, *Bharatbarsha: Rastrabhabona*.
6. Dipak Kumar Bagchi, *Bharatiya Darshan*
7. Pradyot Kumar Mandal, *Bharatiya Darshan*
8. Swami Vivekananda, *Bani O Rachana* (Vol. 1)
9. Pannalala Das, *Gandhi Gabeshana*
10. Dinesh Chandra Bhattacharya Shastri, *Vivekanander Vedantachinta*

Orientation: September 21<sup>st</sup>

Debate: September 28<sup>th</sup>

Quiz: October 6<sup>th</sup>

\* The dates of tutorial classes will be announced later.

\*\* The date of internal examination will be notified later.

\*\*\* All dates for events to be organised by the department are tentative and subject to change.