



**Counselling, Guidance and Student Progression Cell
of
Bamanpukur Humayun Kabir Mahavidyalaya**

*Under the direction of Department of Higher Education, Government of West Bengal
(vide memo no.144-SSE/2021 dated 29/12/2021)
As part of observation of Student's Week*

Organizes an Online Programme on Google meet platform on

“Coping with Stress in Times of Covid”

Programme Schedule

Date:5.1.2022.

Time 2:00p.m.- 3.00p.m.

**Speaker: Dr. Md Nasir Uddin Mondal, Assistant Professor, Department of Arabic,
BHKMahavidyalaya**

**Vote of Thanks: Jayanta Sarkar Assistant Professor, Department of Sanskrit,
BHKMahavidyalaya**

**Programme Convenor:
Dr. Runa Das Chaudhuri
Assistant Professor of Sociology, BHKM**