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## BAMANPUKUR HUMAYUN KABIR MAHAVIDYALAYA

(Affiliated to the West Bengal State University and Recognised under section 2(f) and 12B of the UGC Act)

ESTD. - 2007

BAMANPUKUR • NORTH 24 PARGANAS • PIN-743425 • (W. B.) (NAAC ACCREDITED)

Memo No	Date

## Celebration of International Day of Yoga (IDY) 2022

The following programmes will be conducted to celebrate the International Day of Yoga (IDY), 2022 as per the UGC Letter No.16/2021 dated 5th May, 2022

Date	Programme	Venue	Organizing Secretary
09.06.2022	One day sate level Seminar on "Yoga and Well-being"	Seminar Hall, BHK Mahavidyalaya	Paramita Mondal, Convenor, Health, Hygiene, Beautification and Environment Cell
13.06.2022	Workshop on Yoga	Seminar Hall, BHK Mahavidyalaya	Paramita Mondal, Convenor, Health, Hygiene, Beautification and Environment Cell
14.06.2022	Workshop on Yoga	Seminar Hall, BHK Mahavidyalaya	Paramita Mondal, Convenor, Health, Hygiene, Beautification and Environment Cell
17.06.2022	Online QUIZ on YOGA	Online	Dr. Arghadip Paul, Coordinator,
21.06.2022	Rally for importance of Yoga	Local Area	Paramita Mondal, Convenor, Health, Hygiene, Beautification and Environment Cell
21.06.2022	Seminar on International Day of Yoga	Seminar Hall, BHK Mahavidyalaya	Madhu Sriwastav, Programme Officer, NSS
21.06.2022	Online Poster Presentation on Yoga	Online	Smt. Sumita Chatterjee, Assistant Professor, Dept. of Education in association with "ANANDADHARA", Alumni of the Dept. of Edn. BHKM.

Principal, BHK Mahavidyalaya Principal

09.06 2022 B.H.K. Mahavidhyalaya Bamanpukur, 24 Pgs.(N)