#### BAMANPUKUR HUMAYUN KABIR MAHAVIDYALAYA

**DEPARTMENT OF PHILOSOPHY** 

ACADEMIC CALENDAR FOR 2022-23 (JULY TO DECEMBER SESSION)

SEMESTER –V (GE-General)

PAPER CODE: PHIGGEC01T PAPER NAME: THE PHILOSOPHY OF SELF- DEVELOPMENT

CREDIT: 75TEACHER IN CHARGE- Paramita MondalFULL MARKS: 75 (Internal -25 End Sem - 50)

# **Learning Outcomes of the Paper-**

### This paper helps the students to get acquainted with

- 1. .Buddhism- Caturāryasatya, causality,dvādaśanidāna [bhava chakra] aṣṭāṅgikaMārga.
- 2. Yoga: ---citta, cittabhūmi, cittavṛtti, cittavṛttinirodha, aṣṭāṅgayoga.
- 3. Vedanta Advaita Vedanta-Introduction [in brief];
- 4. sravana,manana,nididhyasana; Mukti--- jibanmukti, bidehamukti. 20 iv. Vivekananda-Karmayoga.
- 5. Gandhi- Non-violence, Truth.

Cocurricular Activities				
Activities	Date			
Induction Programme on Academic Calendar& Syllabus	10.08.2022			
Induction Programme on Examination	23.08.2022			
Library Day	25.08.2022			
Quiz, Debate, Extempore	15.09.2022			
Seminar	23.09.2022			
Wall Magazine	Nil			
Other (if any)				

<sup>\*\*\*</sup>All dates for the events to be organized by the Department are tentative and subject to change

### Unit wise distribution of the syllabus

Unit/Chapter	Classes required	Starting date	Closing date	Assessment date (if any)
i.Buddhism	15	As per	As per	
		routine	routine	
ii) Yoga	15	Same as	Same as	
		above	above	
iii). Vedanta	20	Same as	Same as	
		above	above	
iv)Vivekanand	25	Same as	Same as	
a-Karmayoga		above	above	
v) Gandhi-				
Non-violence,				
Truth.				

**Examination Pattern** 

# **Suggested Books**

- 1. C.D. Sharma, A Critical Survey of Indian Philosophy.
- 2. B.K. Lal, Contemporary Indian Thinkers.
- 3. Swami Vivekananda, Practical Vedanta.
- 4. B.R.Ambedkar, Gandhi and Gandhism.
- 5. SatyabrataChakraborty, Bharatbarsha: Rastrabhabona.
- 6. Dipak Kumar Bagchi, BharatiyaDarshan
- 7. Pradyot Kumar Mandal, Bharatiya Darshan
- 8. Swami Vivekananda, Bani O Rachana (Vol. 1)
- 9. Pannalala Das. Gandhi Gabeshana
- 10. Dinesh Chandra BhattachryaShastri, Vivekanander Vedantachinta

	Examination	Question Pattern and	Mode of Examination	Date
		Full Marks	(Assignment/Class test/	
ı			Viva/Student Seminar etc.)	
	Internal	50	Assignment	As per
				philosophy
				department
				committee
				resolution
	End-Sem		University Exam	As per WBSU
				notification

Signature of the Teacher