

# BAMANPUKUR HUMAYUN KABIR MAHAVIDYALAYA

# **NATIONAL SERVICE SCHEME**

Organízes

### EXTENSION PROGRAMME ON AGEING AND ELDERLY CARE

**DATE:** 10/3/23

Venue : Christian Para

## ORGANIZED AND REPORT PRESENTED BY

## Sumita Chatterjee

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### INTRODUCTION AND ORGANIZATION

The NSS unit of Bamanpukur Humayun Kabir Mahavidyalaya organised extension programme on "Ageing and elderly care". The requisite permission was sought from the principal of the college for the same, and the allotment of time and date was confirmed Notice and programme brochure were circulated to the students and the teachers accordingly.

### THE PROGRAMME

The National Service Scheme (NSS) is a central sector scheme of the government of India, Ministry of Youth Affairs & Sports. It allows the students of 11th & 12th, Technical Institutions, graduate & postgraduate at colleges and university level of India to be a part of various government-led community service activities and programs. It aims to provide hands-on experience to young students in delivering community service. The growth of students' enrolment in NSS activities has been increasing from 40000 during 1969 to over 3.8 million by the end March 2018. The Mahavidyalaya celebrated extension programme on "Ageing and elderly care" at Christian Para, NSS volunteers along with the teachers and staffs of all departments of took part in the event. A total of about 45 students and faculty members participated in this event. The event started around 12 noon in seminar hall - 1 NSS Programme officer Sumita chatterjee welcomed the audience. Principal Dr.S.Biswas principal BHKM motivated and advised the volunteers to conduct more events under NSS platform. The the students moved to Christian para for observation. Sweets and fruits along with comb, towel, boroline, oil etc

were given as a gift to the senior citizens .Not me but you, this motto by NSS (National Service Scheme) which represents the need for selfless service and also represents the spirit of democratic living. Through NSS, the youth learn to appreciate other people's points of view and to be thoughtful or kind to other beings.. Arguably, senior citizens need special attention when framing an agenda for global health due to the fact that women are biologically different from men and therefore have different needs throughout their lifespan. Women play a pivotal role in the provision of health care, formally as health professionals and informally as family caregivers, and it can be estimated that women make up 50% of the formal workforce in many countries. It is therefore important not only for the recipients of health care but also the providers that ethical codes of conduct are developed, monitored, and respected. The student completed the survey which spread the awareness on health and hygiene. Resource person Srutikona Saha also visited the village for extension.

#### GLIMPSES OF CHRISTIANPARA ADOPTED VILLAGE OF NSS BHKMAHAVIDYALAYA







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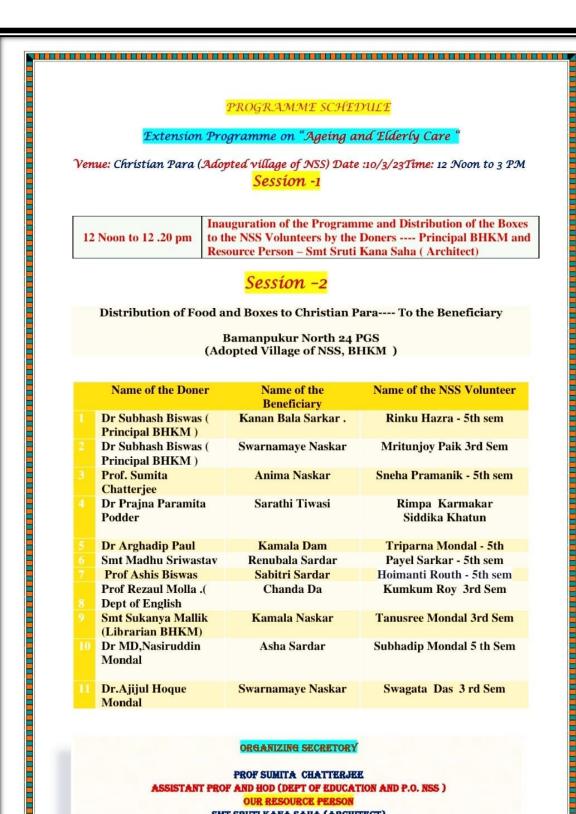


## ATTENDENCE

Name Roll 1. Tamasa Mondal 204 - Jas segender 2. Prizanka Pramanik 203 J. Ratna Naturya. 4. Surmista Sau 214 5. mounita Doz 6. zulata Boto Cabroll could 20 9 215 7. Briyarka kaké -- 219 8. Ratesh Mandal - 263 9. Susmita Mondal - 207 10. Prizanka Patra - 237 1) Anneonya Patria - 234 - Everboart 12) Sommeth Das- - 269 mor quarty 1 131 Samima Khatun \_ 2050 Malue s 17) Marium Khatern \_\_\_\_ 202 147 Ma 15 Nazma Paroveen -244 16) Boerona Roy -24267 17) Susmita Sarar -265 6. min 185 Sumana Karmakar 241 bennest M. P 19> Mustok Golder \_\_\_\_ 253







#### PROGRAMME SCHEDULE

#### Extension Programme on "Ageing and Elderly Care "

Venue: Christian Para (Adopted village of NSS) Date :10/3/23Time: 12 Noon to 3 PM Session -1

| 12 Noon to 12 .20 pm | Inauguration of the Programme and Distribution of the Boxes<br>to the NSS Volunteers by the Doners Principal BHKM and<br>Resource Person – Smt Sruti Kana Saha (Architect) |
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### Session -2

Distribution of Food and Boxes to Christian Para---- To the Beneficiary

**Bamanpukur North 24 PGS** (Adopted Village of NSS, BHKM )

| Name of the Doner                       | Name of the<br>Beneficiary | Name of the NSS Volunteer        |
|---|----------------------------|----------------------------------|
| Dr Subhash Biswas (<br>Principal BHKM ) | Kanan Bala Sarkar .        | Rinku Hazra - 5th sem            |
| Dr Subhash Biswas (<br>Principal BHKM ) | Swarnamaye Naskar          | Mritunjoy Paik 3rd Sem           |
| Prof. Sumita<br>Chatterjee              | Anima Naskar               | Sneha Pramanik - 5th sem         |
| Dr Prajna Paramita<br>Podder            | Sarathi Tiwasi             | Rimpa Karmakar<br>Siddika Khatun |
| Dr Arghadip Paul                        | Kamala Dam                 | Triparna Mondal - 5th            |
| Smt Madhu Sriwastav                     | Renubala Sardar            | Payel Sarkar - 5th sem           |
| Prof Ashis Biswas                       | Sabitri Sardar             | Hoimanti Routh - 5th sem         |
| Prof Rezaul Molla .(<br>Dept of English | Chanda Da                  | Kumkum Roy 3rd Sem               |
| Smt Sukanya Mallik<br>(Librarian BHKM)  | Kamala Naskar              | Tanusree Mondal 3rd Sem          |
| Dr MD,Nasiruddin<br>Mondal              | Asha Sardar                | Subhadip Mondal 5 th Sem         |
| Dr.Ajijul Hoque<br>Mondal               | Swarnamaye Naskar          | Swagata Das 3 rd Sem             |

#### ORGANIZING SECRETORY

PROF SUMITA CHATTERJEE SSISTANT PROF AND HOD (DEPT OF EDUCATION AND P.O. NSS ) OUR RESOURCE PERSON SMT SRUTI KANA SAHA (ARCHITECT)